

Course No.	Distance	Marks
0	17.7	Start To Cliff Foot (P), STONEBANKS (P), Pye End (P), Cliff Foot (S), Then To Finish Off Pin Mill
1	17.7	Start To Cliff Foot (P), STONEBANKS (S), (Pye End (P), Cliff Foot (S), Then To Finish Off Pin Mill
2	21.7	Start To Cliff Foot (P), MEDUSA (P), Pye End (P), Cliff Foot (S), Then To Finish Off Pin Mill
3	21.7	Start To Cliff Foot (P), MEDUSA (S), Pye End (P), Cliff Foot (S), Then To Finish Off Pin Mill
4	27.3	Start To Cliff Foot (P), WALLET No.2 (P), Pye End (P), Cliff Foot (S), Then To Finish Off Pin Mill
5	27.3	Start To Cliff Foot (P), WALLET No.2 (S), Pye End (P), Cliff Foot (S), Then to Finish Off Pin Mill
6	33.5	Start To Cliff Foot (P), Medusa (P), N.E.GUNFLEET (P), Roughs Tower and Buoys (P), Cork Sand Yacht Beacon (P), Outer Ridge (S), Landguard (S), Cliff Foot (S), Then To Finish Off Pin Mill
7	32.8	Start To Cliff Foot (P), Landguard (P), Outer Ridge (P), Cork Sand Yacht Beacon (S), N.E. GUNFLEET (S), Medusa (S), Cliff Foot (S), Then To Finish Off Pin Mill
8	31.02	Start To Cliff Foot (P) Medusa (P), N.E.GUNFLEET (P), Roughs Tower and Buoys (P), Cork Sand Yacht Beacon (P), Landguard (S), Cliff Foot (S), Then To Finish Off Pin Mill,
9	18.02	Start To Cliff Foot (P) Landguard (P), Outer Ridge (P), Cork Ledge Racing Buoy (P), OUTER RIDGE (S), Landguard (S), Cliff Foot (S), Then To Finish Off Pin Mill.
10	24.64	Start To Cliff Foot (P) Landguard (P), Outer Ridge (P), Cork Sand Yacht Beacon (S), N.W. ROUGHS TOWER BUOY (S), Cork Sand Yacht Beacon (P), Landguard (S), Cliff Foot (S), Then To Finish Off Pin Mill
11	16	Start To Shotley Spit Beacon (S) STOUR NO. 1 (P), Shotley Spit Beacon (P), Then To Finish Off Pin Mill
12	29.4	Start To Shotley Spit Beacon (S) Stour No. 1 (P) Guard (S), Cliff Foot (P) MEDUSA (P), Pye End (P), Cliff Foot (S), Guard (P), Shotley Spit Beacon (P), Then To Finish Off Pin Mill